



the family centre

INTENSIVE FAMILY PRESERVATION



TWEED SHIRE • BYRON SHIRE • BALLINA SHIRE

www.thefamilycentre.org.au

WHAT WE ALL WANT FOR OUR COMMUNITY

Children are happy and safe
Young people are capable and resilient
Relationships are caring and respectful
Our community is strong and vibrant

MAKING CHANGE ACHIEVABLE

Life and relationships can get difficult for all of us at times. The Family Centre's services are for children, young people, and families, and anyone in a family relationship.

We encourage and inspire people to make the changes they want for themselves, their family and their community.

During difficult times, we can assist with accurate information and referral to the services you may need. Help you to set goals and make plans to achieve them, develop life and relationship skills and the knowledge you need to resolve individual, family and community concerns. No matter how big or small your problems may be, you can talk with us.

We work together with our community to design activities that enhance parenting skills, improve relationships, and increase safety, wellbeing and personal effectiveness. Our activities also increase and strengthen family and community connections.

We're a diverse and inclusive organisation driven by our values and practice principles that focus on building individual and community capability to develop solutions to social problems. Everyone has the ability to make a positive contribution to their community.

In genuine partnership with community members and groups, non-government organisations, government agencies and businesses, we make a real difference and our actions lead to progressive, measurable and sustainable social change.

The Family Centre is a local social purpose, community owned organisation established in 1988 and based on the North Coast of NSW.

WHAT IS INTENSIVE FAMILY PRESERVATION?

Intensive Family Preservation (IFP) is based on the understanding it's in the child's best interests to remain in the care of their family, when this is a safe option. The IFP service model is informed by Homebuilders® an evidence-based family preservation model that provides intensive support and assists families to develop new skills to prevent unnecessary placement in OOHC. IFP is also informed by the evidence-based Family Centre Practice Framework. The program focus is to improve children's safety, wellbeing and permanency.

WHO IS IT FOR?

Intensive Family Preservation works with families with children aged 0-16 years. Participation in the program is voluntary and families can only be referred into the program by NSW Family and Community Services.

HOW DO WE SUPPORT FAMILIES?

We provide a comprehensive assessment of family strengths and needs and work with the families to develop and achieve their goals to increase their child's safety and wellbeing.

Families receive up to 6 months support with an initial three month period of intensive support including 24-hour access to a caseworker. This is followed by a less intensive level of individually-tailored and multi-faceted support including:

- Accessing & maintaining secure housing
- Counselling for parents and children
- Increasing family and social contacts in the community
- Building parenting skills that address challenging behaviours and improve relationships with children
- Financial management and budgeting
- Accessing childcare
- Connecting to community activities & services such as: fun activities for children and families, health services, education and training services

WHEN AND WHERE?

IFP is available in Tweed, Ballina and Byron shires.

We recognise that every family situation is different. Our service is designed to allow flexibility to work with families in their home, our office or other places requested by the family.

Speak with an intake worker about
Family Centre services and courses in
Tweed Shire (07) 5524 8711
Ballina & Byron Shires (02) 6686 4109
9am–12.30pm Monday to Friday or email
info@thefamilycentre.org.au

GENERAL ENQUIRIES

9am to 4.30pm–Monday to Thursday

9am to 4.00pm– Friday

Phone: (07) 5524 8711

Email: Info@thefamilycentre.org.au

OFFICE LOCATIONS

Tweed Heads South Office

Unit 1/14 Amber Rd

Tweed Heads South,
NSW 2486

Phone: (07) 5524 8711

Tweed Heads Office:

15-17 Frances St

Tweed Heads NSW 2485

Phone: (07) 5589 1800

Murwillumbah Community Centre

Nullum St, Murwillumbah,
NSW 2484

By Appointment Only

Phone: (07) 5524 8711

Ballina Office

62 Tamar St,

Ballina NSW 2478

Phone: (02) 6686 4109



Unit 1/14 Amber Road, Tweed Heads South NSW 2486 (PO Box 6301)

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