



PLAYGROUPS

in the Ballina & Byron Shires



TWEED SHIRE • BYRON SHIRE • BALLINA SHIRE

www.thefamilycentre.org.au

WHAT ARE FAMILY CENTRE PLAYGROUPS?

Our playgroups are meeting places where parents & their children can play, share experiences and enjoy the support of other families and our playgroup facilitators.

WHO IS IT FOR?

- Parents/carers and their children aged 0-5 years.

COME ALONG TO:

- Learn creative ways to support your child's development
- Be part of a supportive environment where parents can meet and learn from each other
- Access information and resources about parenting
- Meet other parents/carers and enjoy a cuppa while the children play
- Identify and build on your individual parenting strengths
- Connect with Family Centre staff and local service providers
- Learn more about local community and health services

ACTIVITIES FOR CHILDREN

Activities are developed in response to childrens' interests and include music, stories, painting & drawing, play dough, puzzles & games, water play and gross motor activities.

WHEN & WHERE

Family Centre Playgroups are free and are held from 10am–12pm at the following locations:

Wednesdays – South Golden Beach

Thursdays – Ballina

Playgroups run during NSW school terms only.

Speak with an intake worker about
Family Centre services and courses in
Ballina & Byron Shires (02) 6686 4109
Tweed Shire (07) 5524 8711
9am–12.30pm Monday to Friday or
email info@thefamilycentre.org.au