

## PARENTING COURSES

### 123 MAGIC

Monday May 9–May 23, 12.30pm–2.30pm

3 week course explores a down-to-earth, child-friendly and effective discipline approach that encourages good behaviour for children 2-12 yrs.

VENUE: INTERGRATED CHILDRENS CENTRE, SUFFOLK PARK

COST: \$15

[FIND OUT MORE](#)

### TRIPLE P

Thursdays June 2–June 23, 9.30am–12pm

4 week parenting course for parents of children 2 – 12 years. Assists parents to build positive relationships with their children and create a stable, supportive and harmonious family. The course introduces proven methods to encourage behaviour you would like more of from your children and deal positively and consistently with problem behaviour.

VENUE: BALLINA EARLY INTERVENTION, EAST BALLINA

NO COST

[FIND OUT MORE](#)

“This course has helped not only with my child’s behaviour but our entire family workings. Some things seemed hard until it was spoken about, making things much clearer and manageable. It has also been amazingly valuable to be in contact with other parents in the same situation as me.”

**PARTICIPANT – TRIPLE P COURSE**

## FAMILY CENTRE PLAYGROUP

Thursday 10am–12pm

Find connection with other parents/carers and children while learning and playing together.

Access information regarding parenting and appropriate local services.

VENUE: JACARANDA PARK, SUNRISE BEACH, BYRON BAY.

NO COST

“My son loves coming to playgroup each week. I also look forward to the interaction with other parents. The co-ordinator does an awesome job of giving helpful advice and keeping the kids interested with ever changing activities. We love it!”

“Great support with referral to services.”

**PARTICIPANT – PLAYGROUP**

## BOOKINGS ARE ESSENTIAL

For further information on any of our courses or workshops please call 9am–12.30pm Monday–Friday  
(02) 6686 4109 or go to [www.thefamilycentre.org.au](http://www.thefamilycentre.org.au)

If you are unable to pay for course fees please talk with our intake worker or the course facilitator.

The Family Centre is committed to providing equal access to all the courses we offer. Child minding is available upon request.