

Circle of Security Parenting Seminar



Do you want to strengthen the relationship with your baby or child?
Do you want to understand their emotions more?

WHAT'S THE COURSE ABOUT?

Circle of Security seminar is designed for parents of children birth onwards to develop their connection and relationship with each other.

WHAT CAN YOU EXPECT?

You will be able to respond with empathy to all of your children's feelings and emotions.

This 2 hour session gives an introduction of the Circle of Security 8 week course.

WHAT WILL YOU LEARN?

Parents will learn how to identify their children's emotional needs and respond to their behaviours. Looking at the effect of our own reactions to our children's range of emotions.

WHAT PEOPLE ARE SAYING ABOUT THE COURSE

"I loved being able to share with other parents. The facilitators made me feel very comfortable."

"Gave me something to really think about"

The seminar runs for two hours.

COST: FREE

CONTACT:

Bookings are essential

For further information on any of our courses or workshops please call 9am–12.30pm, Monday to Friday
(07) 5524 8711 or ask at reception.

For more information on the course program go to
www.thefamilycentre.org.au

Child minding is available upon request.