



# PLAYGROUPS

in the Tweed Shire



TWEED SHIRE • BYRON SHIRE • BALLINA SHIRE

[www.thefamilycentre.org.au](http://www.thefamilycentre.org.au)

## WHAT ARE FAMILY CENTRE PLAYGROUPS?

Our playgroups are meeting places where parents & their children can play, share experiences and enjoy the support of other families and our playgroup facilitators.

## WHO IS IT FOR?

- Parents/carers and their children aged 0-5 years.

## COME ALONG TO:

- Learn creative ways to support your child's development
- Be part of a supportive environment where parents can meet and learn from each other
- Access information and resources about parenting
- Meet other parents/carers and enjoy a cuppa while the children play
- Identify and build on your individual parenting strengths
- Connect with Family Centre staff and local service providers
- Learn more about local community and health services

## ACTIVITIES FOR CHILDREN

Activities are developed in response to childrens' interests and include music, stories, painting & drawing, play dough, puzzles & games, water play and gross motor activities.

## WHEN & WHERE

Family Centre Playgroups are free and are held from 9.30am–11.30am at the following locations:

Mondays – Banora Point

Tuesdays – Tweed Heads West

Wednesdays – Tweed Heads South

Thursdays – Murwillumbah

Playgroups run during NSW school terms only.

Speak with an intake worker about  
Family Centre services and courses in  
Tweed Shire (07) 5524 8711  
Ballina & Byron Shires (02) 6686 4109  
9am–12.30pm Monday to Friday or  
email [info@thefamilycentre.org.au](mailto:info@thefamilycentre.org.au)