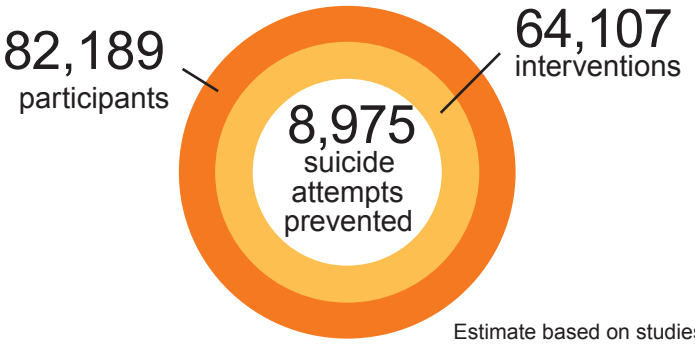
safeTALK

Make a connection. Help save a life.

Suicide is preventable. Anyone can make a difference.

- Half-day training in suicide alertness skills
- Learn four basic steps to create a life-saving connection
- Widely used by professionals and the general public

safeTALK's impact in 2016



Estimate based on studies

People making a difference with safeTALK

safeTALK works

Studies show that participants gain confidence:

- ✓ Asking people about suicide directly
- ✓ Connecting them to life-saving resources
- ✓ Keeping them safe until those resources take over

Date: Wednesday, 22nd January, 2020

Time: 9am–1pm

Location: Murwillumbah Community Centre

Hosted by: The Family Centre & Tweed Byron Suicide Prevention Strategy

Cost: $10 (subsidised fee)

To register: http://thefamilycentre.org.au/safetalk-suicide-prevention-training/

For enquiries: hannat@thefamilycentre.org.au

phn NORTH COAST
An Australian Government Initiative

This initiative has been made possible by funding from North Coast Primary Health Network

Learn more about safeTALK and see the evidence at www.livingworks.net/safeTALK

the family centre www.thefamilycentre.org.au