

BUILDING AN EMERGENCY KIT AND A GRAB-AND-GO-BAG

In the event of a disaster, you have two options:-

- Stay at home with an emergency kit
- Evacuate with a grab-and-go-bag

GRAB-AND-GO-BAG SUPPLIES

A grab-and-go bag is a small emergency kit, that is easy to carry in the event of a disaster. It is a good idea to have one of these in both your home and your car.



- Batteries
- Cash
- Mobile phone & power pack
- Copies of important documents
 - Insurance papers
 - Birth, marriage certs
 - House deeds
 - Special photographs
- First Aid Kit
- Emergency Evacuation Plan
- Food
- Identification
- Medications
- Radio
- Seasonal Clothing
- Toiletries
- Water
 - Water purification tablets
- Torch
- Whistle

During COVID-19 your Grab-and-go-bag should also include:

- Facemask
- Hand-Sanitiser

EMERGENCY KIT SUPPLIES

An emergency kit should supply you with enough necessities for three days.



- Batteries
- 3-7 day supply of canned food
- Mobile phone & power pack
- Copies of important documents
 - Insurance papers
 - Birth, marriage certs
 - House deeds
 - Special photographs
- Cash
- Emergency Evacuation Plan
- Torch
- Seasonal Clothing
- Emergency blanket
- First Aid Kit
- Medications
- Covid Mask
- Garbage bags
- Identification
- Toiletries
- Water
 - Water purification tablets
 - 4 litres per person/per day
- Radio
- Whistle